

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Being well rounded

F R R N I A P H Y S I C A L K J P  
Y J E R E D S U O P S O C I A L C  
N O A T R H B R X U I L E A R N R  
R I D H E A L T H Y G P F B Z F T  
U U I M D F R K E S P O R T S G I  
C F N N U T R I T I O N W X F W D  
H R G C W K E N B J L D G Z D E U  
A I Y D U C M D R S K I L L S L W  
L E G U Y E Q N E X N O A U W L E  
L N L B Q S M E A V Q Y C J R R M  
E D B U B S J S T U E M T M V O O  
N S Y G R J G S H N D O I E K U T  
G F M I V L Z E E A V E V N U N I  
E P O S I T I V I T Y X E T H D O  
F A M I L Y E S Y E L V B A A E N  
M E D I T A T I O N M Q D L J D A  
W Q Y G O A L S M B B G M Y X L L

well rounded  
challenge  
breathe  
active  
mental

positivity  
emotional  
reading  
family  
sports

meditation  
kindness  
friends  
skills  
learn

nutrition  
physical  
healthy  
social  
goals