

# Being Healthy

F L W T B C I O K M Y H T L A E H  
I K T C O F I S P O R T S W E A R  
T P R H D E L H C T E R T S T C Y  
T G N E N A X A E I G J W F H T T  
A E Z S U K T E C G R H L E S S S  
E R W T O U N H R W H J E P E I R  
W N D A W G Y E L C A K C N L A I  
S Q A V R U R R E E I L T E B W H  
O V E J K M S L G I T S Z E A H T  
T J H W C R U L M N I I E C T H E  
L U E O E B V P L R U L C U E W P  
E N R K N E H R W M C H N L G B O  
J K O R Z E Z L R J K I M U E J R  
V F F O V Z U L V K H E M I V J W  
O O K W O L S P H C T A N K L E G  
B O T E I D Y Q A F T I R E D O B  
O D Q F A S T G V G B W O B L E A

to exercise  
forehead  
warm up  
chest  
wrist  
knee

sportswear  
to sweat  
helmet  
elbow  
calf  
neck

vegetables  
healthy  
hungry  
tired  
chin  
rope

junk food  
stretch  
ankle  
waist  
diet  
slow

athletic  
thirsty  
cheek  
wound  
fast  
fit