

Name: \_\_\_\_\_

# Bedtime

C H A K M Y Z P S P E M R E S T F U L L W R E F  
M I V W A S Y I L I B Q E V U S B S W A D D L E  
A U J C T I W L P A M O R N I N G Y L U O F X W  
F I J G T Z Z L O L Y O E I K P H R U K N D Y U  
M V B L R E L O O J L S M G C G O U E E E L X N  
T S E L E K P W N W A Y L H B O S C K P L B C I  
U B D Y S G I H S Q B F T T T K D A R U Z W E N  
R R G X S G N I S S O T D M W B W I F M M Z E T  
N R D E R I T B S A H E A A O A V E R N O E S E  
I N S O M N I A A W E T N R W A C J B F G A Z R  
N I C I H R U C M P P H B E T A E I I W Y H N R  
G E X U F K V O A Q M G N I E V L C B N P V D U  
H X X W A W B I J H C I O P L I G H T R J I C P  
R H Z X F E L H A D L N Z J G D E S P I T E H T  
E A S Y F Z M I P P J B K H U V G I H J M E S E  
Y U E K Q M E R Y A S L E E P N B A F C D D D D  
G S Y B A W O J K U H U N M I L E A B C U K V I  
W T P Y Y Y E R O N S T Q M A S E I B A L L U L  
H I R H D D P E E L S W A N R R L H L E W E N P  
I O P E P I D Y K Q S E K C U E G O I U Z A C K  
D N F I C N O E E N R E F O C L O T D D P A W G  
C H F H B B F U T D T J P U H A N H G U S J D W  
L J B L O M O O R D E B J C W X J S L U M B E R  
C O M F O R T A B L E K O H S S E L T S E R E F

- |               |             |             |            |            |            |
|---------------|-------------|-------------|------------|------------|------------|
| Uninterrupted | Comfortable | Deprivation | Exhaustion | Peacefully | Teddy Bear |
| Lullabies     | Nightmare   | Dreaming    | Insomnia   | Mattress   | Restless   |
| Bedroom       | Blanket     | Despite     | Morning    | Pajamas    | Restful    |
| Slumber       | Swaddle     | Tossing     | Turning    | Asleep     | Awaken     |
| Pillow        | Couch       | Light       | Night      | Relax      | Sleep      |
| Snore         | Tired       | Daze        | Deep       | Size       | Yawn       |
| Bed           | Lay         | Nap         | REM        |            |            |