

Name: _____

Date: _____

Beat the Heat

L E T Z Y F A L N Q V C J W I F O
A D E L E C T R O L Y T E S V D J
G N I N E T A E R H T E F I L Y U
N R I I L N U N J S R J V K M K M
O Y P Y G B R S P U O C I A J E A
I C F C C U H M T T M W O A K Z D
S S O D B W A A G O H B S O O M E
U R Z N F R R O W Z A I R K N X H
F Q U S C E Z Q N H S T R B J W Y
N S T T P T W D T W S E C S P S D
O V A M F A D U E T S D S Y T D R
C E E M T S O A A I Q A A T M Y A
H T P E O M T E Q R J H E Y H H T
T P R Q Y I H R G B B S N P T K I
Z H T R N H E A T I N D E X C M O
Z K D G G K F R E E S K H R B U N
U P G Y R O S I V D A T A E H S Y

Life Threatening
Temperature
Heat Stroke
Dry Mouth
Sunburn

Heat Advisory
Dehydration
Heat Index
Sweating
Shade

Electrolytes
Heat Cramps
Confusion
Thirsty
Water