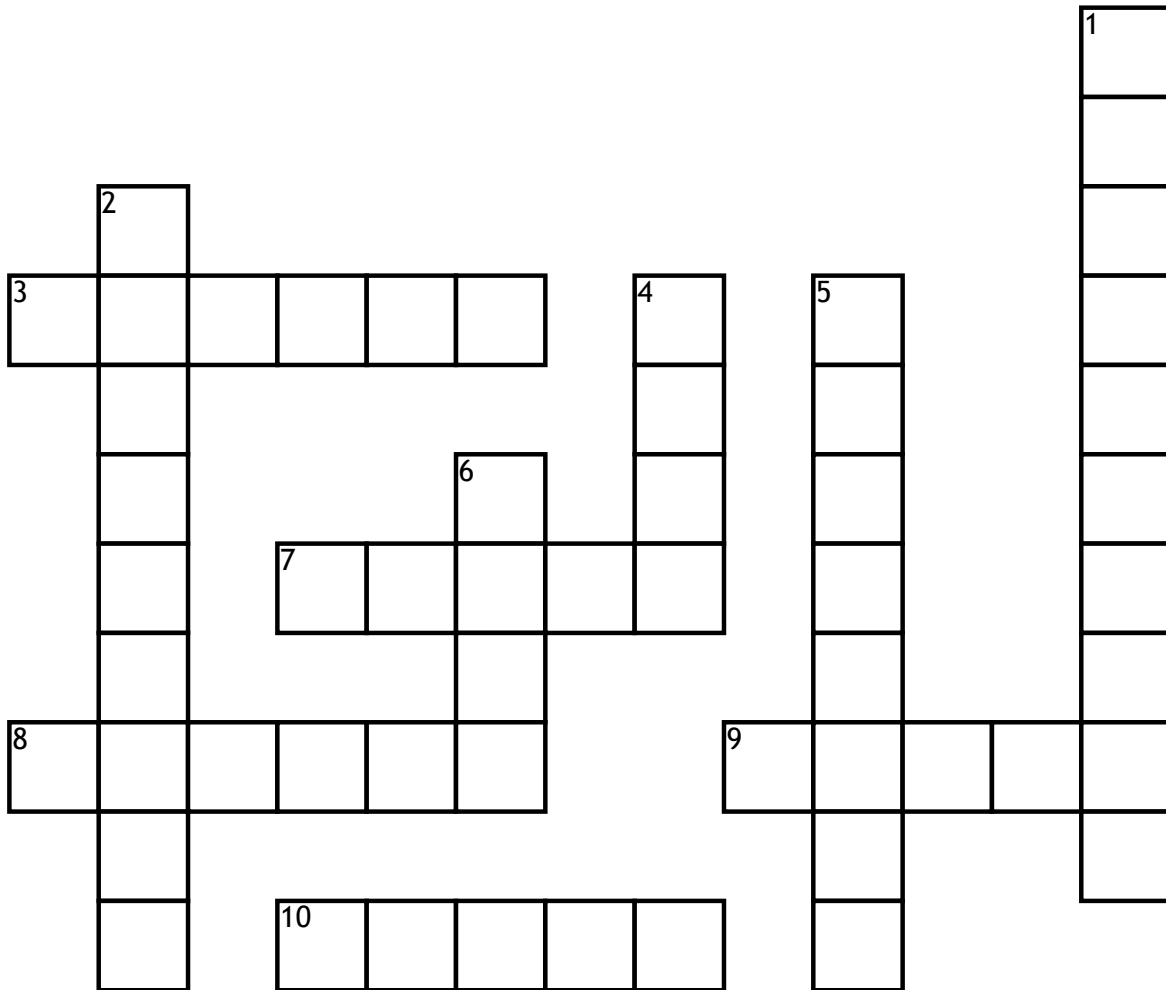


Bean Nutrition



Across

3. When individuals do not have the proper amount of food to feed themselves and/or others
7. Type of bean that is the color of the dark
8. What food provides individuals in order for them to perform daily tasks
9. Beans provide a great source of this, helps digestion
10. Type of bean that is the color of the dark

Down

1. Place we volunteered at to help individuals fill their carts with food and put together birthday bags
2. Beans provide many types of these to the body, N _ _ R _ _ N _ _
4. Type of bean that is the color of a pig
5. Beans provide these to the body; you may take these every morning, followed by the second letter of the alphabet
6. Type of bean that is one of the colors of the American flag