

BTEC Sport

I E C N A R U D N E R A L U C S U M B K E L P N
L H P F N A D L V I X N B R E P E T I T I O N F
T C Q E N V M E T R O N O M E C Q W V E Y G T V
X T G V X M J S V M M S S C V B D H A X G L S G
Z E P I G W K P E J T P Z V H V N M L N J Y K Y
R R W S X H X W W V F V J Y X B V B B M T I Y Z
D T L S N M S Y A C E Z I P N N V A L I D I T Y
L S V A T P L T W R B M H W P G M L L X V D N L
O C G P E S P M T I C F V D D O H I S T B S E V
F I X E M O Y I E F G A B E S M G S K C P O C B
N T D J D M C W P U T I S X W A Y O N A N P T E
I A P H F A D X Y K R M B N H T Q D I R F L O N
K T B H L L O U H K B M Y Z I H R B J S A W M D
S S I J W E F P R H Q Y E L C H I Z J V F G O O
X H U C I R C U I T J M I S D P K G R M D K R M
P M R Q R U Y J Z I O B P J O V P E B O S I P O
P H Y T T G S J T E A H O U K M T N C H B S H R
W J S X E N V P C I H Y W V H N O C P X V O T P
P U S S E R P P L E A B E Z I Z M R X S J M Z H
B M U N R G N E L X A G R Y I M K Z P B V E E R
B T O C W W R F N S P I K M T S U E J H K T X Z
T R A I N I N G U G L N B H F C L Z R J W R W T
G K P R V A N V I V F Z F U M H P I Q F B I F F
C Z V H A W H B E O S I T A N D R E A C H C F X

muscularendurance
sitandreach
ectomorph
interval
circuit
power
bmi

staticstretch
repetition
endomorph
skinfold
passive
speed

verticaljump
isometric
mesomorph
training
pressup
pnf

reliability
metronome
validity
agility
situp
bia