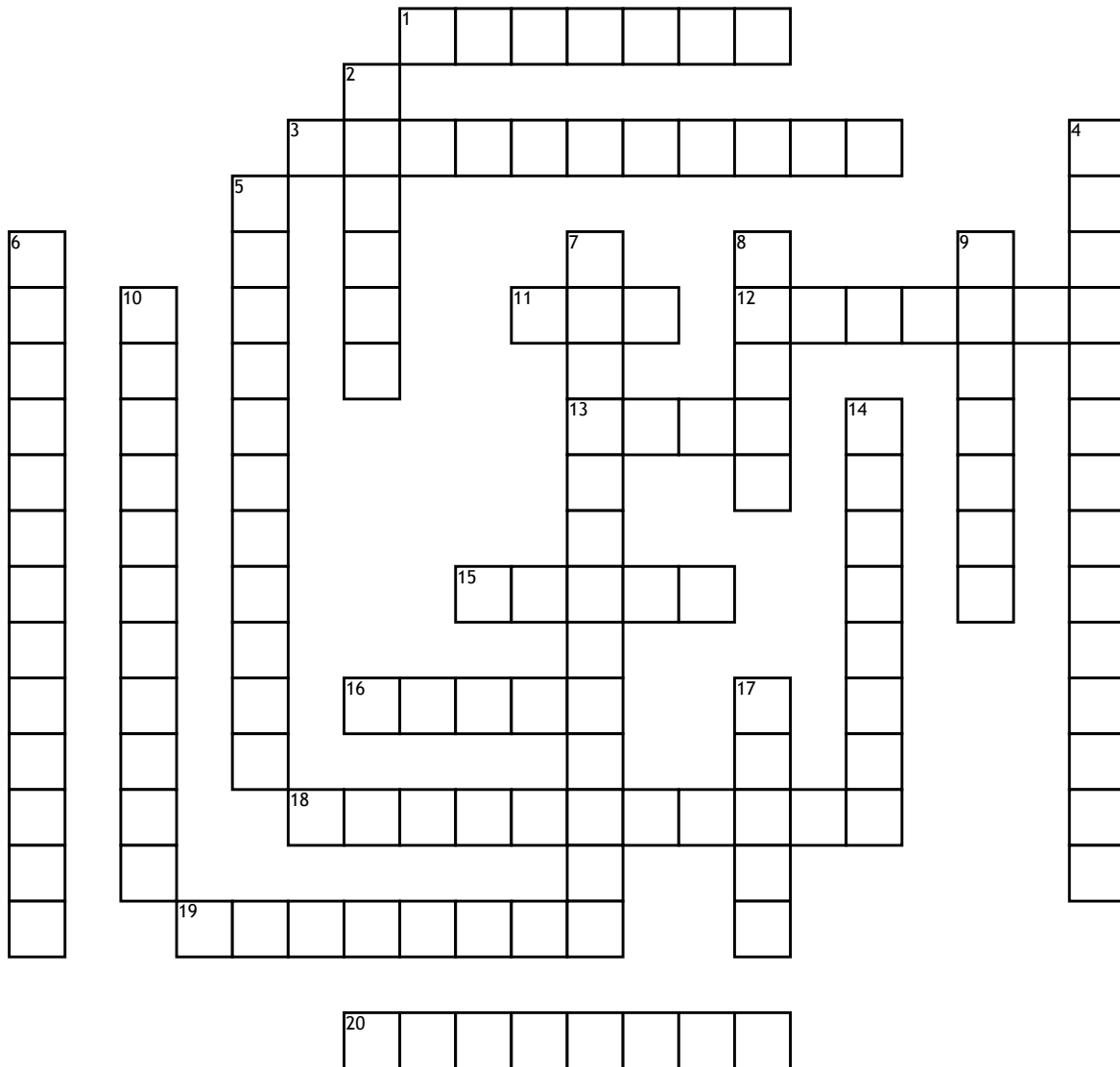


Name: _____

BIO 155 Quiz 1 2017



Across

1. one of the key principles of healthy eating
3. the portion of food that is a standard reference listed on the food labels
11. an energy yielding nutrient gives 9 Kcal/ gram
12. a non nutrient source of energy
13. a secretion that emulsifies the fats and aids in the digestion of them
15. a semi liquid ,partially digested food mass formed in the stomach

16. one of the accessory organs in the digestive system
18. a rhythmic motion that moves food through the digestive tract
19. one of the micronutrients
20. one of the leading causes of deaths in the USA

Down

2. a genetic autoimmune disease caused by abnormal reaction to gluten protein
4. a part from the GI tract where the majority of digestion and absorption takes place

5. an organ that stores and concentrates the bile received from the liver
6. a term for consuming excess nutrients or energy
7. primary source of energy
8. the most abundant nutrient in the body
9. a hormone responsible for stimulating hunger in humans
10. unit of food energy
14. the organ that releases digestive enzymes directly into the small intestine
17. the most important factor that influences food choice