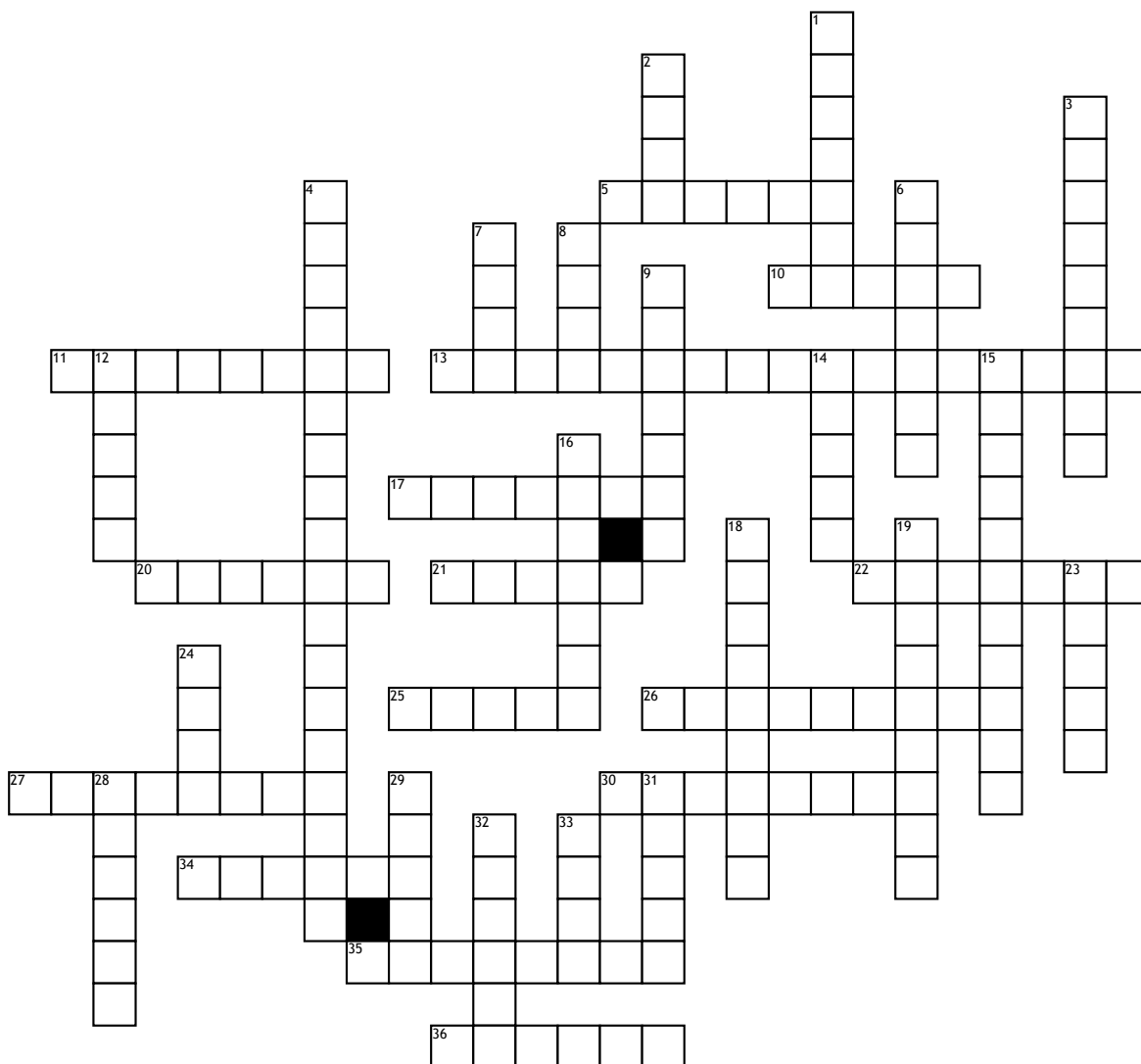


# Ayurpuzzle5



## Across

5. prasadana, nourishing, hair, tissue, bones  
 10. pranic pathways connected to the sushumna  
 11. ropan, heals, mucus lining, synovial fluid  
 13. like increases like, opposites balance...  
 17. teeth, nails, bones, life  
 20. shodana, cleansing, penetrating  
 21. centre of the 72000 nadis  
 22. semi-permeability of cell membrane, clairvoyance  
 25. stanmana, constricting, anabolic nature  
 26. fixed, non-fixed & fixed/non-fixed karma?  
 27. communication-cervical plexus-vijnanamaya kosha  
 30. ambition-celiac ganglion-manomaya kosha  
 34. samskaras are stored here

35. scars created by thoughts that create desire

36. samskaras are carried by which body?

## Down

1. love-cardiac plexus-jnanamaya kosha  
 2. digestion, temperament, hemoglobin  
 3. self realization-cerebral cortex-pineal gland-beyond koshas  
 4. balanced agni & dhatus with proper elimination/peace of mind  
 6. svedana, lubrication, sebaceous secretions  
 7. relaxation, body fat, hair/fur, prevents friction  
 8. intuition-hypothalamus-anandamaya kosha  
 9. whirlpools of energy linking body mind & spirit  
 12. delicacy, catabolic

14. stimulation, nerve impulses, perception/response, peristalsis

15. procreation-pelvic girdle-pranamaya kosha

16. ether, emptiness, good communication

18. dormant vital energy/prana agni urdhva

19. survival-annamayakosha-sacral plexus

23. shamana, pacification, lymph system

24. bruhana, building

28. material consciousness, obesity, clotting

29. word that easily gets mixed up with the term for substance

31. confusion, cataracts, mucus, semen

32. shoshana, drying, constipation, loneliness

33. skin, nails, voice, joints, lekana