

Name: _____

Date: _____

Athletics KS1

K H E P T A T H L O N D O B L C G V V U T V X V
C I A I Y L O N G D I S T A N C E J Y O D V K N
K R S G J D N G B D I S C U S E G U G K P M N K
B N N W A Z R E L A Y O Q S O Z X I Z O S O D U
G S O O Q Z Z Z R E A C D F N I D G D M L F O W
A T F V V G T R W V V C B O Y A X X P A L A R Q
L J J N A B X D E E H H U F P S J W V E O R T J
I L S I K S J A H R F E K H T K W O J Z N R K D
U A P Q M G J G T T B S A K C A P Q G R G A P J
V Y R P H X C I P I P T H E J W K X E O J H Q E
E I I W I Z E L J C J P T S T G R F P A U P C S
D W N I F Y R I A A P U R C M A H A A D M U G S
W U T J L G O T V L D S I H N K F M V D P C B E
D S T G X I I Y E J A H P U Z X Z N J G F Z F N
R B V X K K T S L U T J L S E Q O D E V J I V N
W I Q H Z Q F O I M T E E A E M L M V L V C I I
Y P U Y J O O R N P Z A J I Z X Y Z F V U N D S
D S Y O B R I H A X Q C U N P I M S X P N R D H
V O R T E X V C U F G I M B Y J P H R K C A T M
I N H G S Q X Y A N X F P O H K I O I K X D P Q
U P R T T V T Y O T I P W L K O C T J Z B J F H
Y G O T H J H W J X P I C T J F S P O W D Y Z V
R O L U P I K V O I E F J A Q D B U L V C G X J
N A S A J D H A T H L E T I C S E T G O J Y U P

Long Distance
Heptathlon
Long Jump
Javelin
Vortex

Vertical Jump
Jess Ennis
Mo Farrah
Shotput
Relay

Triple Jump
Usain Bolt
Olympics
Discus

Chest Push
Athletics
Agility
Sprint