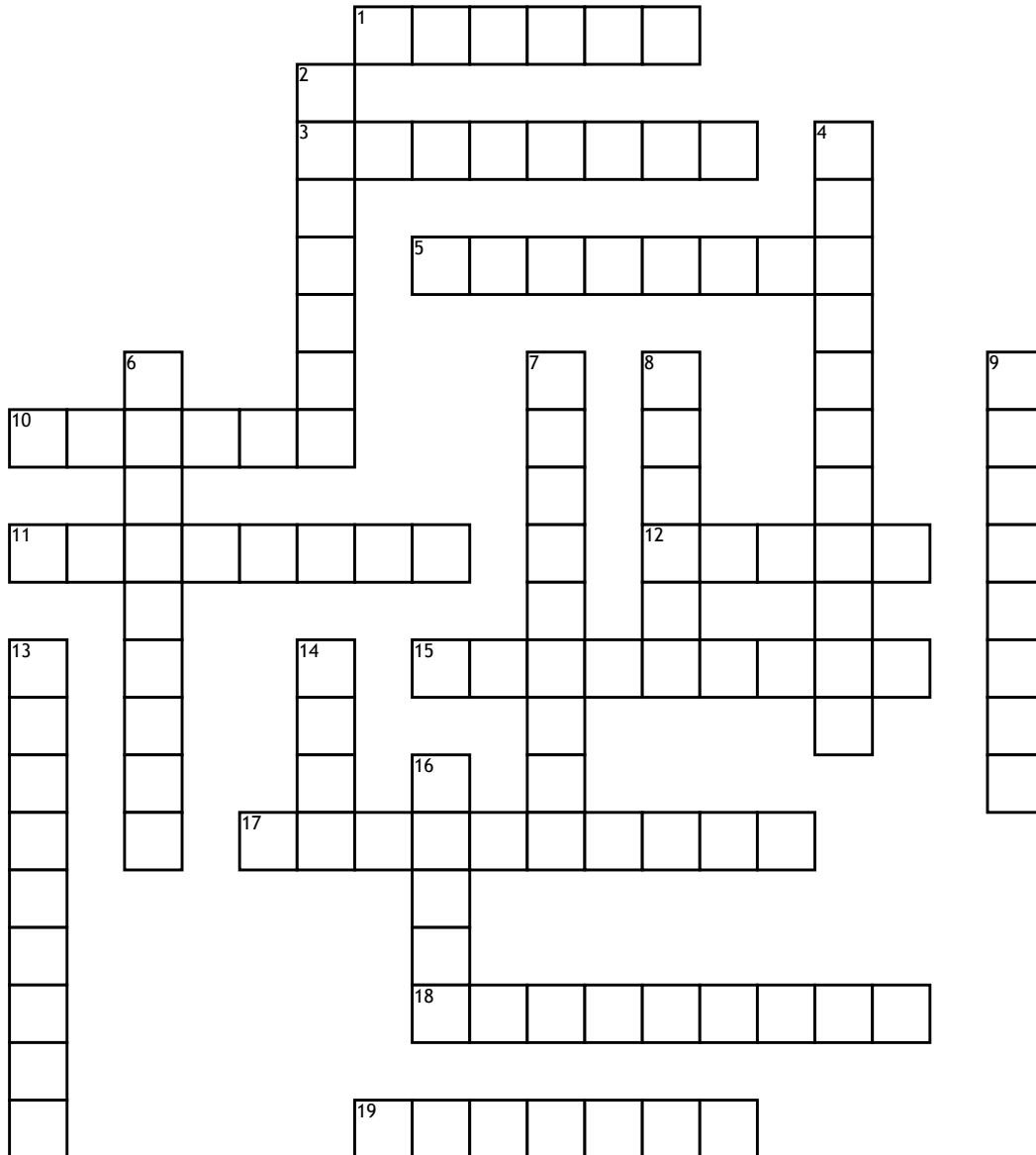


Athletic Terminolgy



Across

1. Tear or pull of a ligament
3. Connects bone to bone
5. Inflammation of a bursa
10. Connects muscle to bone
11. To turn the foot outward
12. New Injury

15. To straighten; Increase angle
17. Inflammation of a tendon
18. Movement away from the middle
19. Old injury

Down

2. To bend; Decrease in Angle
4. Joint goes beyond its normal limits

6. To turn the foot inward
7. Movement toward the middle
8. Tear or pull of muscle or tendon
9. Broken bone
13. A bruise
14. Rest, Ice, Compression, & Elevation
16. Swelling