

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Athletes lifestyle and behaviours

W Q F K W Z N I H X R V L W D I D W C T C T Z B  
O Y W A N R H Y D R A T I O N W H K B D O M M U  
U R J X N E P J K T L Z F M V Q C O P A W Q O C  
A N X B A C P H C H A Y H Y S F E N Q Q I L V Q  
R I C K E R H A X S Q P X J J U A O S G N M W S  
G O M X R E Y P D Y P P X X T B J R X T Y M K V  
T O L I R A B F R D V X E J N C N Y V U P U W T  
K V D S K T H N G Z N W H M S Y E Z J U O C I P  
I E T G X I Q G H E I N U T R I T I O N E T J R  
L K D Q W O F P T R M B Z J Y P B F I O Z J S X  
E J R Y X N N J F Z P Y F W I S W E K S K S C L  
A P R H Z A S N M E N R E Z T K M X M B M P J C  
D R O R Z L G V I K X R V X O Q N D I E T E V V  
E E V Y D D K Z W Y C G G D J Q R H U J S O Z K  
R S F N V R V Q J U C X V H M F X O E Q C P U N  
Z S W Y B U V R M W R Z N O N W Q S M E N T O R  
Z U U E P G M H H S S Z K Q U Q U V P D P N N N  
U R H D C S C W A A M U R S L C L B U T D F G W  
G E M N P Y K T G B B I S B M E H I N N N S T I  
U H A C H L U R A R O L E M O D E L H Z M Q I P  
H J N R Y X F S T R E S S V Q S D J R U D U J W  
I L I I B W I T X Y W V T I V Z N T N U B O C O  
N I F M T J L F W K I N M O I L L N E S S P X G  
K N S E R R L G H M Q S T X A I Y N L W E T J D

recreational drugs

role model

hydration

nutrition

pressure

illness

mentor

leader

stress

crime

diet