

Name: _____

Date: _____

Asthma Triggers

R M F D R H F A A I V K M O L D V Q V R A G X R
C Q F T Q B F O Q R L L D T L G O K U N P I U U
L A O U C Z Y M S U X C V K N W Q Z H Q P F O R
Y R T T E V E I Q C J S X D B R T J Y H L D H A
Q I V P B G I T V R K Z Y Q W H Q X B G H Z W C
Y A X U E K R J F T A N E L L O P A Y D G I A E
L D Y R B H P G U L B B N B B H K H I J U A B R
V L Z Y E U M G C E S F Y L C M D B D W U S R A
P O N T I H X B B X T T N J G X F P N X A D Q Q
C C T I P U T W R E P X R R H S F G M E B L N O
S I N D S K H S T R J X U O Z Q E E B T Z O Z L
U N M I E N L E X C M X E J N Z H S K J Y C G Z
I L H M G G F T X I U F Z C U G H A U X H G H G
K C H U N X B I U S D D G S O D C I E R Z W G Y
D N B H A D W M T E M E Z U T U O L Q E I R R R
L S E D H Y W T J C Z R K F K B H R E K H V K Y
H N G H C W U S U J Z N B Y Q S K C T A H P S W
E V A Z R L M U H P Q E M U F R E P T B N D K Q
Q X R M E G M D J V Z N D H W O F G O G F E I F
B B B C H J H F Z T R W Z Z Y J M S O Z U R R A
T U E A T V G J C A S U L M Q V A D G P A W F S
M Z A S A E V M O C F W P R J E C G S S C L M S
N H Y S E I Y S E H C A O R K C O C X U B A X H
S T X Y W V M L C Z S M O K E X Y W J E X R F U

Weather changes

Dust mites

Exercise

Pollen

Mold

Strong cleaners

Humidity

Viruses

Colds

Dog

Cockroaches

Cold air

Perfume

Smoke

Cat