

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Assertiveness

M A K I N G R E Q U E S T S O B U R J R O A S Q  
S E S S P P L R I G H T Y Z B Y J A A I Q C R U  
T X N T S B T O B J K K A D Z E V S D G M C O O  
O P O A G Q T M X D J E K I C S K C E H S E V V  
P R I R N Y T I R O H T U A P F Z H N T M P A N  
C E T T I C S C N I H N B Z O T W A D T E T F O  
H S O I H O M E Y H F V X R H B T N I O L D G T  
E S M N T N E Q Z F V G H W B B I G N B B I N M  
A P E G S F L R E H E E N D E W T I G E O F I E  
T O E C S I B E R M L S F I H M H N C T R F K A  
I S V O E D O N D P B B J M E O L G O R P E S N  
N I I N R E R F A S E C L U N B L C N E S R A N  
G T T V D N P Y U H T A C E C I C O V A S E J V  
Y I A E D C G V W U V A S S B I D N E T E N N L  
O V G R A E N H N R R T N K O K E V R E R T W F  
U E E S Y V I P F X A H R D R Q V E S D D O H W  
R E N A L Y S S E R P M J Z U Y I R A F D P K R  
S M S T T N S B D W S V C W R P T S T A A I V M  
E O S I C L E X H K F R V Y K Z R A I I M N R V  
L T E O E J R O L L Q X E P V Y E T O R T I N H  
F I R N R R D R A N O I N I P O S I N E S O R R  
I O P S I B D E Y V T W P D I X S O S M P N X H  
N N X E D V A I P B S I R Y G U A N F K W S P X  
H S E S E A C I Y I M X Z B E E Q S Z X W D Y Z

Accept Different Opinions  
Right To Be Treated Fair  
Starting Conversations  
Addressing Problems  
Asking Favors  
Confidence  
Stand Up  
Honest

Express Positive Emotions  
Directly Address Things  
Stop Cheating Yourself  
Address Problems  
Ask For Help  
Authority  
Not Mean  
Right

Express Negative Emotions  
Changing Conversations  
Ending Conversations  
Making Requests  
Being Firm  
Assertive  
Opinion