

Name: _____

Date: _____

Arthritis Symptoms & Treatments

Y W J Q L O L N C K W F R B I Z C
S S E N F F I T S J A V U V G Q O
W L V P H P A P L S S X X J N S X
S U B Q E D V M O G J Z K H I L P
C I N F L A M M A T I O N X L F A
C G S P Q E E H E S L E M B L P I
M R P B D E C J D M F Z X A E Z N
Y M W A V T S I P N E V S I W A Y
D L P T E M S P B W C M T C S S O
U K R R M A O V P X L K A U T E G
G M T R C S L R N N M P Y N C S A
S S W A N S T S K P P P I W O I L
O O L Z Q A H B J O X O L B B C B
S A X Q W G G J U Z J R C N L R P
J V G M C E I B L M I K F F V E W
C N A G W K E T E U G I T A F X Y
W N P S S I W S F J W W H P M E S

Inflammation

Weightloss

Stiffness

Exercise

Swelling

Fatigue

Massage

Stretch

Joints

Pain

Yoga