

# Are you mentally healthy? Try our word search

Y D O D J A R O G V G Y J H R P J Q H X G T E N  
H S X U L I Y L O O D O I B I V Q F F N Z T A O  
T V Z F L L I I W A N I L J C X U M D M U F D I  
A T A U O A B F F I N U T R I T I O N T F X N T  
P H R G A R T E G O A L S P R X E T I C R T I A  
M E E T W T B L C I V L G C I Z D T E N K M M S  
E A X B H S O I K O Z B C Z T H S N B F N R R R  
N L P E P U W N Z W N Y G R E N S Z D C A R E E  
R T E Y I A N E C F Y N O O I N M D A C O E N V  
Z H R O H E T D Q E D P N G O M E H N D L Y Z N  
J U I N S N R E R E P S O E K E E A Y E M C W O  
N U E D N A Q N V U B D P R C Y G N J S I X U C  
Z V N B O S J Q S I K M X E M T F N T D M R T U  
R J C L I P N A T C T C Z B N X H T A A S I F T  
Y V E U T D K C A Y S C I Z G S W P A H L Q N O  
U S F E A E Y L B S H Y A Q C Z E R R L C B B M  
O Z H E L P B I H I U O J M Q B V U T F K A M I  
M E Q F E Z U Q W Z I H L F R M B P L Y G I X D  
M N Q B R Z E A E C N E I L I S E R O A F A N J  
I W W I O T T U E U E R Z D R R R A W M V G D G  
O X S G D V G N I E B L L E W P Y O A F B J A U  
C I T S I L O H Y T I R D M P V T F G G V L C Y  
Y L H N U P Y J L X L N G E L P O S I T I V E N  
I E U W I F X K D U H M I N D F U L N E S S V M

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