

Name: _____

Date: _____

Appropriate Boundaries

K M G N I C N A D R E I X H X H L A B N B I Y Y
P E R S O N A L S P A C E C X K X A X G S W O N
F S Y Y M Q I T G Y Z Y M J E U L H X I J I R C
K Q J G B Q T D R N V J Y P L C W E T M Q E L M
C E G O Z Z W T L V S R M K M B A U J O I V E X
B Q C V W X A B W E W U I Z R M K P N N B H F J
A N U I J I Q Z I E P X F J L R H A S A J S N Z
B X H Q O P S T G T C R J X X K S F L N K D E X
D X I J B H I Q S N I D D W W K R L U D W S K L
I R B W Z V C I L E I E J E Q E I W Z N C O A R
Q H E D I P F D N P Q K Y P L D Y T Y O K T H A
L C O T L W U D L S A Q C A O I M R K K I Q S N
Z M C C A W S R A N T O X O M T D M G U H Z D K
I A U U U J Y D O U B I V V R G P N H Z W I N E
B F I X G R I Q K G N F P I T U I J I R X U A T
A I A M H U G X X G M A O L I T L M N F E C H D
R B W L I A P G K O C S N A E X Q O D N W B K E
M X X F N S U U X C R C C G Q V J O U N N N N G
L N W F G H A B E D C Z D T S E M A G D D H V A
E I P W E Z R P C R C I K H Z D V P F A L S J L
N Y M D J I T K U A F C E O O D T M B O L R B G
G K I F U N W R N N S L Z X V R T S J C H C H J
T S A C O X H O M C B G N I H T A E R B P E E D
H H V R U Q U N W O C A A Z W U W N E G U K W I

Deep Breathing

Personal Space

Activities

Hand Shake

Arm Length

Fidgeting

Own Space

Accept No

Fist Pump

Relaxing

Laughing

Side Hug

Dancing

Rocking

Friends

Choice

Games

Dabs

Fun

Ask