

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Anxiety wordsearch

F T Y R Q D R D E S P E R A T I O N R B T L H V  
D N H M O O W V F H P W I J J T E R R O R L K S  
X D I S A P P O I N T M E N T P Q S D N V R S I  
U F C A I S C G N I R E F F U S W V H O L E C C  
M X S O R U Z P H G G J P O I C G D A I R T C Y  
H D V H I T G I H M R K Z I J H I E X T A R N C  
F F Y H V S S N O R E Q V W R A H P S A C A K O  
P I F Z B G E L A Q B L G F S L G I T T X G T R  
A X F E Z X S A S V V W B A L A D V F I Z E D J  
J I O B S E S S I O N F S O P R B A V R E C O F  
C N N E Z G P A Y F M T D D R M S T N R S A K V  
J R Q A D X N E O O E Z X E A P D S G I X M A F  
O E X Z M R V B E R H Z U H E G P U G N A H I Y  
U C S P F R X M Q C E G Y D K C I I A D E F V B  
Z N E Q N A M D Z E A V A H K S Y T R U K P T T  
K O L F M X E K E L I S M L O O A D A L R F H K  
R C D F X F S E P K T I S J K A A J G T Z J B J  
G I E N A G I A L R L C I J I H A E X E I X F K  
H W E C Y G A N I H A K D D G C R R V D V O L A  
I I N B G D L G Y S I N Z N O A L O O S L T N X  
Y K P I Q G A E I U R E J Y C U L R P M H Q N W  
N I A P P U M R J R T S H O C N B L E A A O T X  
N Y W E R U S S E R P S Y R N K I T S B N C C B  
D W R A E J L M D O V J C B M S Y R T P I M A K

disappointment  
suffering  
anguish  
strain  
chaos  
doubt  
rage

desperation  
diasaster  
concern  
plague  
anger  
shock  
care

irritation  
sickness  
malaise  
hangup  
trial  
force  
pain

obsession  
pressure  
needles  
dismay  
alarm  
love  
rush

agitation  
distress  
problem  
terror  
mania  
pest  
nag