

Name: \_\_\_\_\_ Date: \_\_\_\_\_

# Anxiety and Depression Word Scramble

1. EERTLSSS \_\_\_\_\_

2. SRNOVEU \_\_\_\_\_

3. POOR ETPPAIET \_\_\_\_\_

4. CINRYG \_\_\_\_\_

5. ELAUFRF \_\_\_\_\_

6. SMSTSIPEIC \_\_\_\_\_

7. UHYPANP \_\_\_\_\_

8. OROP EETE-LSSFEM \_\_\_\_\_

9. NETES \_\_\_\_\_

10. UFTERFL \_\_\_\_\_

11. YRROW \_\_\_\_\_

## Word Bank

unhappy

pessimistic

tense

poor self-esteem

fearful

worry

poor appetite

crying

nervous

fretful

restless