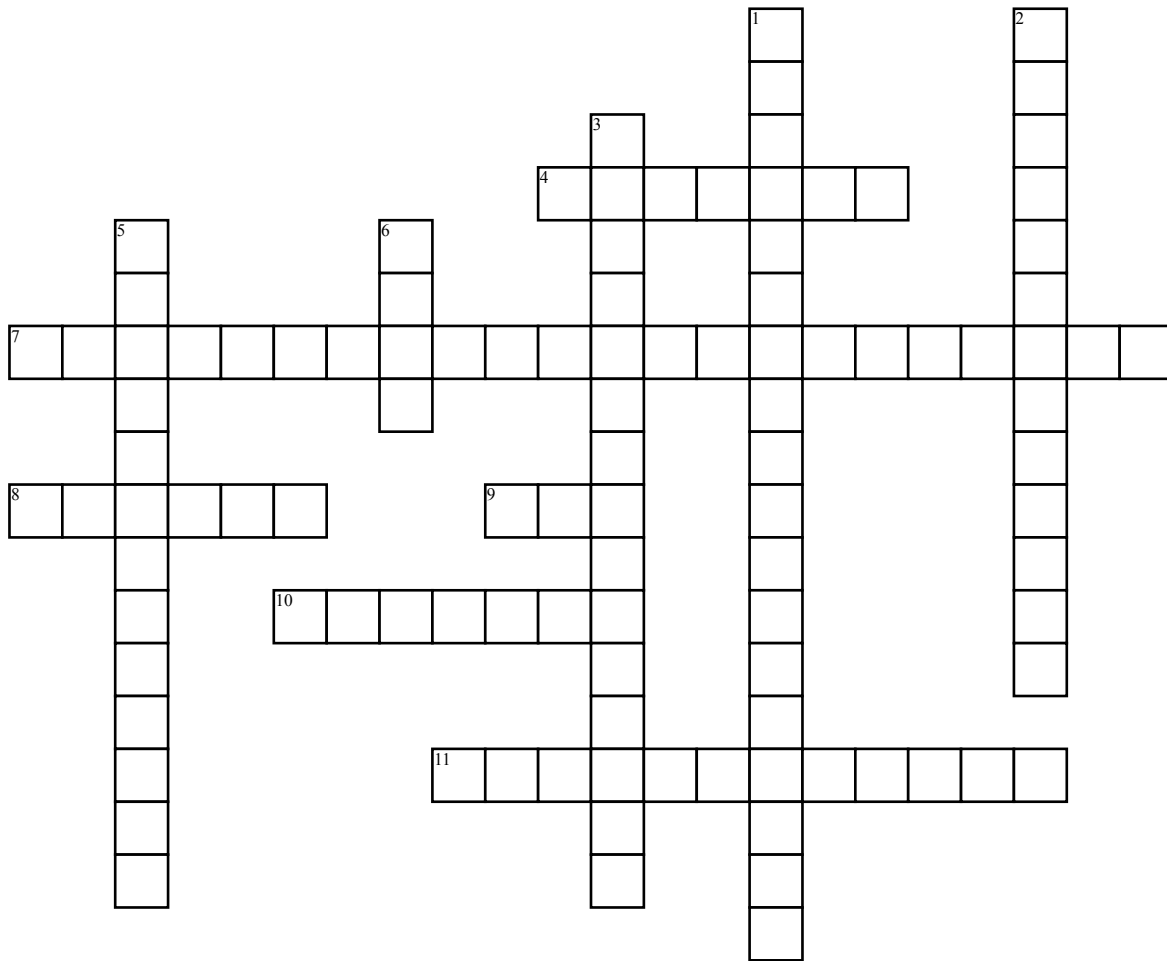


Anxiety Terms Crossword



Across

4. _____ is both a feeling and a cognition.
7. A learning process that causes a phobia to arise based on a specific event.
8. An irrational fear of a specific object, activity, or situation.
9. A disorder in which a person is troubled by repetitive thoughts or actions. (Abbreviation)
10. All these projects in Mr.Su's AP psychology class are making me _____!
11. Through _____, the short list of natural painful and frightening events can multiply into a long list of human fears.

Down

1. Unfocused tension, apprehension, and arousal is called _____ disorder.
2. An anxiety disorder marked by unpredictable minutes-long episodes of intense dread in which a person experiences terror and accompanying chest pain, choking, or other frightening sensations.
3. Disorders characterized by distressing, persistent anxiety or maladaptive behaviors that reduce anxiety.
5. A learning process that helps maintain our phobias and compulsions after they arise.
6. A disorder in which a person has lingering memories, nightmares, and other symptoms for weeks, after a severely threatening, uncontrollable event. (Abbreviation)