

Name: _____

Date: _____

Anger Management

I O H W V M U S D R M Q F P M F D V S R L F S Y
J X V O N E G O T I A T E S Q C D R E F W O X M
A A Y U I Z J E C N E I T A P I C K A F B D G Y
Y Z F Y H G P A Z Z Y Q Y F C K T L E S B Q O T
S X W Q G H S E L F C O N T R O L Q M S O A E Y
H J W V R W A L K A W A Y D X H K Z O E Z N C Y
T T Y J B I S M O B L W U D R G U B T N D G N F
H B F G W X V U X I B G U H A K L S I E D P E J
W K Q Y T D S P K U F E H Q Y B X S O R R Z L J
U N N M N W K L E B K Y V R S E B M N A R D O O
O O O J E N S D R A H C X N B L D R J W U F I Y
M I I Q M I R L A C A V D I B F M Q L A E B V R
O T T D E C R E T A I D E M T L E E I F T M P M
U A A T G P D R L T A L G O A W T D T L A G M U
H C R V A T O C I A T D A X I R A D I E L P H H
L I T T N V I T O T X J Y K C E R K G S S V J O
T N S J A J N L A N A A F V O Z T P A K I I T Z
W U U L M J C O K X F T T M B F I T T L G B P V
N M R V R U V E X I A L I I B W B C E M E M N N
K M F D E H Z Z Y N K R I O O D R R X L L Z X E
L O O R G B R M R K R W E C N N A H A J S W E L
P C H F N P R U C A C V X X T Z L E Y G A V Z X
E F I R A T E M P O R P L S F T F I E P E U R R
K K G G C O X N H R I E W D Q U A G B U U I L D

Anger Management
self control
relaxation
negotiate
litigate
emotion
rage

self awareness
frustration
Arbitrate
walk away
patience
mediate

communication
irritation
legislate
conflict
violence
tempor