

Name: _____

Date: _____

Anger Iceberg

D V E C T H R E A T E N E D D W U
E F S L B Y R G N U H F S L E G E
M B D S Y T R U H O F R U I T K O
L E E A B J T A X I R K O F N K T
E G S Y T E I X N A U U L U I Q X
H U S V V S S E R T S Y A J O L R
W I A O I K W S I D T Y E E P Y W
R L R S Z U I S K T R L J J P S N
E T R S Z K X W F T A E G U A E Q
V S A E T I T P M E T N O C S R N
O H B L E I S K Q J E O I O I U P
B N M P D N R S E N D L K Z D C A
O K E L E M M E E M H L A T R E I
A M C E R Q O E D N A R G T D S N
F P M H A J C W N N D H W X U N V
H F Z X C S P J R H P A S M L I H
Q W F J S R F E I R G O S T H T G

Disappointed Embarrassed Overwhelmed Frustrated Threatened
Contempt Helpless Insecure Anxiety Jealous
Sadness Hungry Lonely Scared Stress
Grief Guilt Shame Tired Hurt
Pain