

Name: _____

Date: _____

Anchor Point

D Q G W Z F E V I T I S O P C D H
T R U Z E R X R T R W D B K I K I
N R X R I E A B S T I N E N C E R
I B B E L E Y Z P S F G Y O L D C
O M H C V D O P G A N T Y I H J L
P N P O J O D X P I C C U T E G A
R R Z V X M G E N A N A K C W E M
O P X E V P H N T E H Y L I M A F
H Y M R N X I E D E J G T D M P S
C E Y Y U G O N D E R K O D G Q U
N R K K E W E J C I T M W A O B S
A P V B K P J G Q L R A I A L M Y
C R B O E P Z D D O X P V N U S E
D C C D G P S D N E I R F I E N H
I A O T N R L K E S U B A D T D T
N C L U F E T A R G E C D G D O G
F O T B E L Y T S E F I L B M Q M

Anchor Point
Addiction
grateful
friends
happy

Codependency
beginning
positive
family
pride

Abstinence
lifestyle
recovery
abuse

determined
motivated
freedom
goals