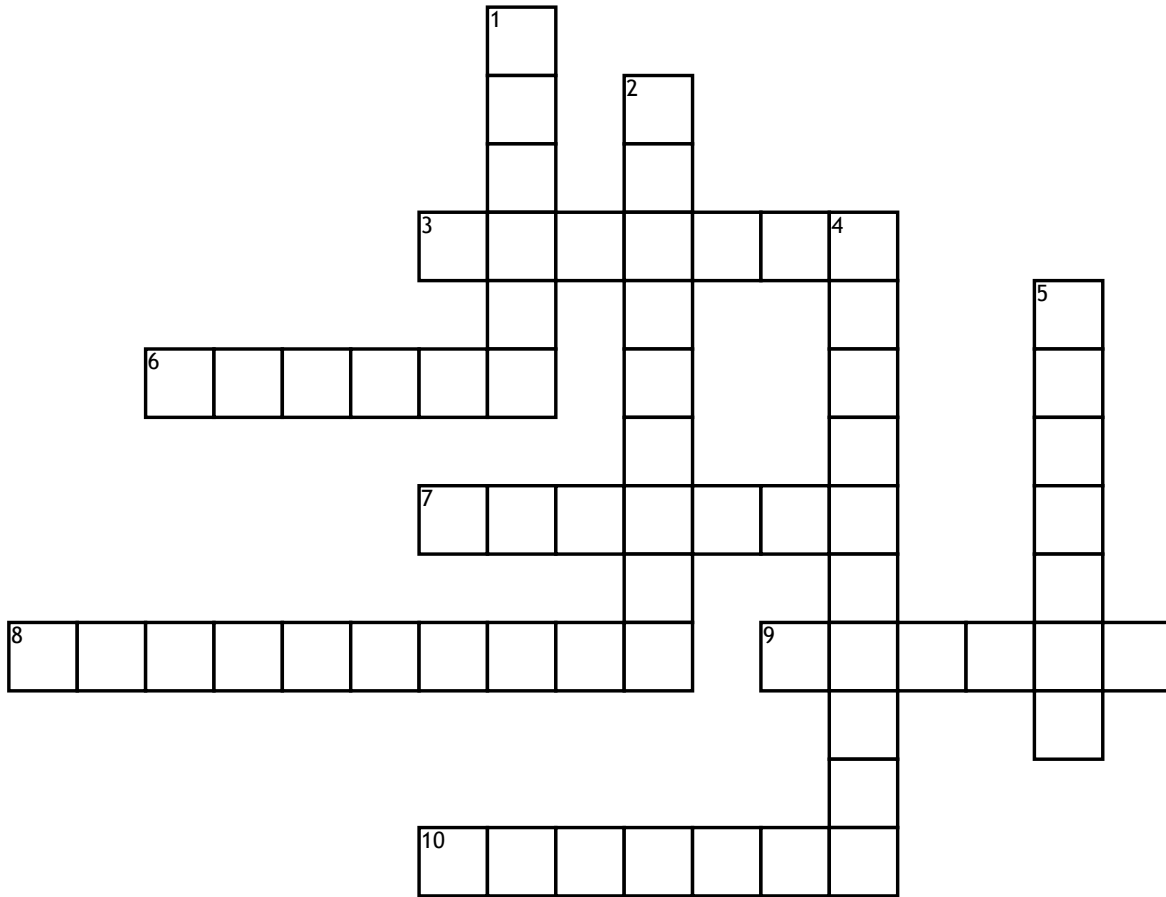


Name: _____

Date: _____

Anatomy Basics



Across

3. The muscle that provides the major force for the action.
6. short
7. greatest or largest.
8. The muscles that oppose or reverse the movement.
9. muscle fibers that run parallel to the midline.
10. muscle fibers that run diagonally at an angle or slanting.

Down

1. long
2. Muscle that helps the prime mover muscle, ultimately adding extra force to the same movement, or reducing unnecessary movements.
4. muscle fibers that run perpendicular to the midline.
5. least or smallest.