

Name: _____

Date: _____

Allergens

M C N E G R E L L A N U T S L R E
Q E X W U G Y A D M O L L U S C S
H L E O P W L V C G K B S A B X G
S E C Q E N W W O Z O S J J L E C
I R A C A I B C E R E A L S T G O
F Y S I N Q R H I S C B V A Q G P
J S B O U R R Z A P A W B Z Q S M
G C N N T U S M A J I W V C Q U L
J N C A S A E O H R S E O Z S T U
A K H M E S E I Y M O O E T Z C P
Q N E O E C A Z S B Y R A J Z M I
R M E E O N A C L N E R B C N X N
P S D P M I U T E D D A M S B N X
R S P Q I I I T S S W T N F O M Y
A W L V L B U F H U R O C S L Q L
I I F F K L Q I X T R T F V H F W
J N M X G H C R I A X C U R O P B

sesame seeds

crustaceans

soybeans

molluscs

allergen

peanuts

mustard

cereals

gluten

celery

lupin

nuts

milk

fish

eggs