

# Al-Anon

L W I M A K F Z J L A G W H L Y F  
S J E A S Y D O E S I T L H I K T  
M O N R W D D R J D Q K E O S C E  
A U H B E O S E D G L N T W T O L  
L V P O U G W C G Q B P I I E E P  
L X V W N T H I L Z C K T M N D M  
S Y I N D E I Z M N X Z B P A A I  
T D I T E L G L C M D P E O N Y S  
E X E F R D H Y X W N L G R D A T  
P R W K S N E R H X I Y I T L T I  
S L C T T A R M A N X Z N A E A P  
R W Z T O E P C C L J T W N A T E  
D U W Q O V O P A G G Q I T R I E  
H L Y F D I W N L M I E T I N M K  
W G F T H L E B I B U J H S C E B  
P X T R I I R C G K A P M I V N F  
Y U R A M V B Z Q O L B E T K M I

as we understood him

let it begin with me

how important is it

listen and learn

Live and Let God

one day at a time

keep it simple

easy does it

higher power

small steps