

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Affirmations

R G Z Y L D N E I R F X R E A O Z  
P W L W T C Y U B Q Y N X E E H M  
B E U Y T O M F K O H A N L B U H  
M X F C X M N Y R M P C X S F O J  
J J T G B P M G T R O F S U X P S  
F R C W A A J N I I W C C E I T I  
P T E F E S D O U U E S L M Q C V  
L Y P G B S J R H E R L E C O F K  
O K S U Y I B T C F F T A D N S S  
D F E K M O D S G Z U K N J N F H  
D Y R W H N S A P P L I L Y W T Y  
R H A T E A I Z M K V R E D O X C  
M T K E U T A E I F P L K E D M Y  
A R P H Z E G N S M B D U O R P B  
B O K K Y M D F O M M X U B P K B  
T W A S U C X J U Z L A T A F Y J  
S U S N H N U H C Z Q F H V Z S N

compassionate

respectful

powerful

friendly

humble

strong

worthy

proud

happy

clean

sober

kind