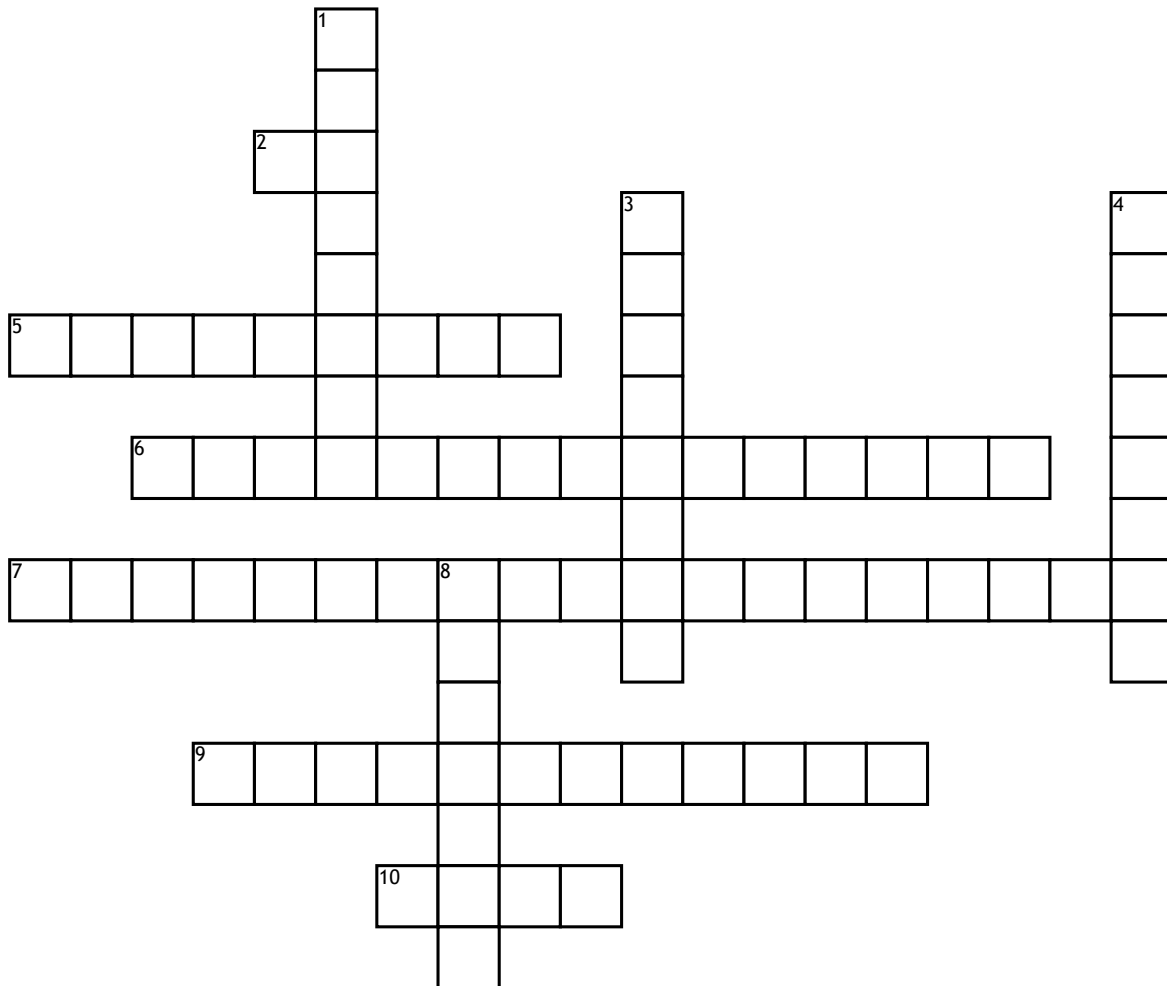


Aerobic/Anaerobic Exercise



Across

2. Do you need Oxygen for Anaerobic Exercise ?
5. How long does Anaerobic Exercise usually take ?
6. What are the By-Products of Anaerobic Exercise ?
7. What are the By-Products of Aerobic Exercise ?
9. What are the Fuels used for Aerobic Exercise ?

10. What Intensity is Anaerobic Exercise ?

Down

1. Give a Sporting Example of Anaerobic Exercise
3. Give a Sporting Example of Aerobic Exercise
4. What is the Fuel used in Anaerobic Exercise ?
8. Which Type Consists of Low Intensity for Long Periods of Time ?