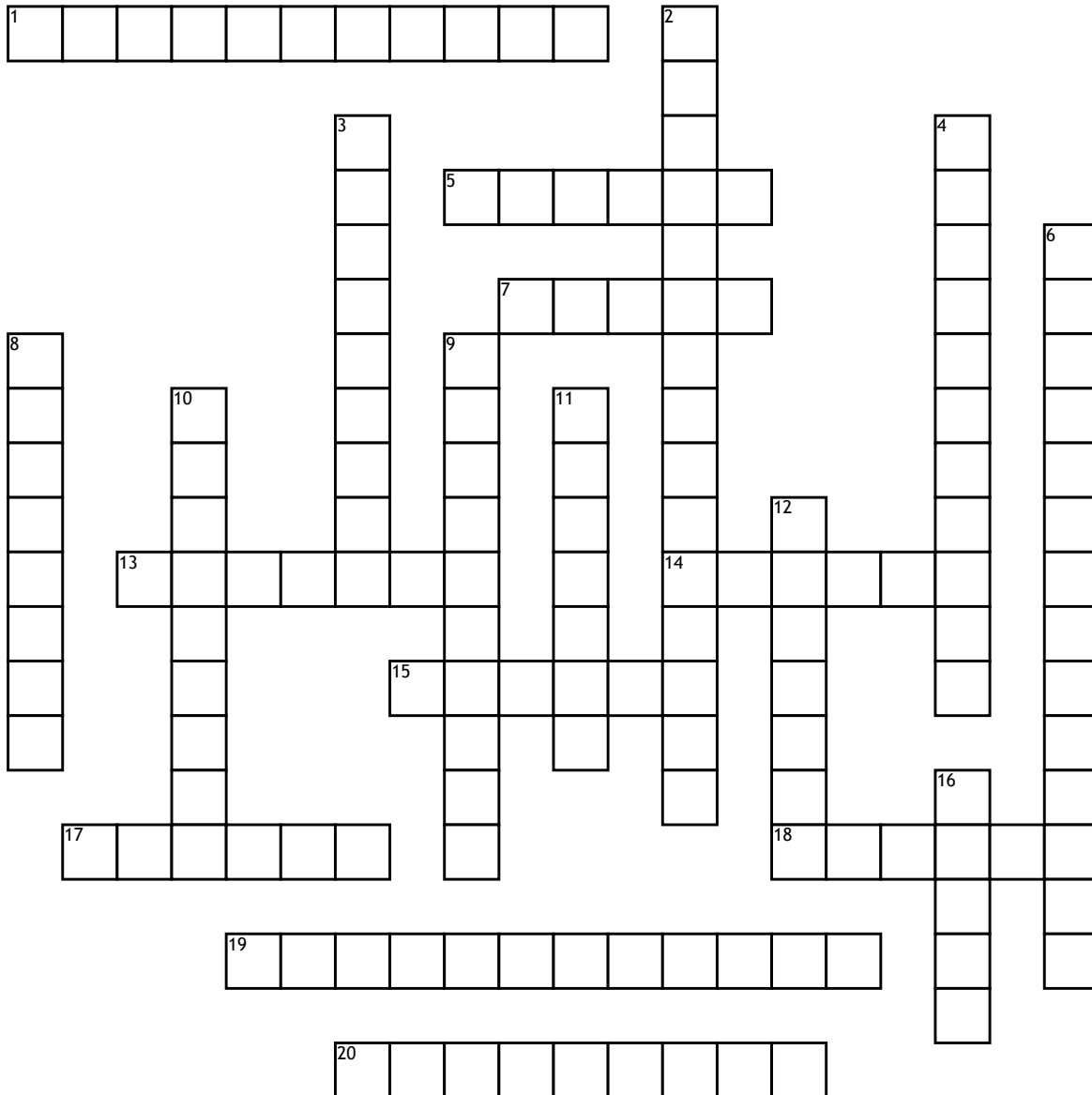


Abilities



Across

1. Being able to change the speed and direction of responses accurately is what type of psychomotor ability?
 5. What is the other type of dexterity that is a psychomotor ability, it involves being able to make accurate hand/arm movements involving objects at speed?
 7. Speed of movement is a psychomotor ability that involves being able to make what kind of movements?
 13. Finger dexterity is a psychomotor ability that involves being able to work with tiny object using what part of the body?
 14. Flexing or stretching the trunk and back muscles is what type of flexibility-based gross motor ability?
 15. Gross body co-ordination is a type of gross motor ability that is concerned with the organisation of several parts whilst doing what?

17. Gross body equilibrium is a gross motor ability that is concerned with being able to maintain balance using the internal what?
 18. Being able to aim accurately at a small object is what type of psychomotor ability?
 19. Being able to respond quickly to a stimulus is what psychomotor ability?
 20. Trunk strength is a gross motor ability that involves the strength of which muscles in the body?

Down

2. Which type of gross motor ability involves exerting force repeatedly over a long period of time?
 3. What type of strength is the gross motor ability concerned with that involves using energy effectively in short bursts?
 4. Which type of ability usually involves the processing of information, making decisions and putting these decisions into action?

6. Which type of gross motor ability involves the maximum strength that can be exerted upon an external object?
 8. Response orientation is a psychomotor ability concerned with quickly choosing the what in which an action should be made?
 9. Which type of ability usually involves movement and is related to physical fitness?
 10. Which psychologist identified the two types of abilities?
 11. Being able to make rapid flexig movements is what type of flexibility-based gross motor ability?
 12. The capacity to sustain maximum effort involving the cardiovascular system is what type of gross motor ability?
 16. Multi-limb co-ordination is a psychomotor ability that involves being able to organise the movement of several what at a time?