

Name: \_\_\_\_\_ Date: \_\_\_\_\_

# A Vegetarian Diet

1. EFALFELS \_\_\_\_\_
2. EARVNAETIG \_\_\_\_\_
3. PUSSEL \_\_\_\_\_
4. EGVAN \_\_\_\_\_
5. CVLOOTOA \_\_\_\_\_
6. TEMA \_\_\_\_\_
7. NOTDPFOAL \_\_\_\_\_
8. NBSesyAAO \_\_\_\_\_
9. SETLILN \_\_\_\_\_
10. EBANS \_\_\_\_\_
11. SCKCAEHIP \_\_\_\_\_
12. TVP \_\_\_\_\_
13. OTUF \_\_\_\_\_
14. BFIER \_\_\_\_\_
15. ECRSEAL \_\_\_\_\_
16. ESHCEE \_\_\_\_\_
17. MKLI \_\_\_\_\_
18. EHLAHT \_\_\_\_\_
19. IRON \_\_\_\_\_
20. LFEAFLSE \_\_\_\_\_
21. AANTRIGEVE \_\_\_\_\_
22. NTIAIH \_\_\_\_\_

## Word Bank

chickpeas	pulses	fibre	tahini
vegetarian	beans	meat	lentils
plantfood	cereals	iron	vegetarian
cheese	vegan	tofu	health
felafels	soyabeans	milk	tvp
felafels	lactoovo		