

Name: _____

Date: _____

ASSERTIVE COMMUNICATION

G C Q T F D U V W W N H O S T I L E W I S S H Y
D B D Q B Q R N S P C J H J N G M E F W J P M T
C Z M C X B A E Z J B R E S P E C T O T H E R S
G L U H S X V C W Y T Q D I W M L B N E X A E A
C X T E Y E C O N T A C T T M W I O E X H S O I
U Z M B S B C C R E S P E C T R I G H T S S X Y
Y H A E Z A O T C H G U X Z H O N E S T G E H O
K L N H X I N I I Y S P O L I T E T F T K R F M
E O I A L S T P A S S I V E H T H R F I P T W U
X W P V B E R N E M X P K U N R C H R F C I A W
P S U I L L O E I A J N N L V P B G Z J A V C J
R E L O A F L X R P A A G G R E S S I V E E C U
E L A R M I G I C D T C O M M U N I C A T I O N
S F T S E S R N F C U R E L A T I O N S H I P S
S E I Y O H O C O C N B O B W D Z Y C E I C W M
F S V H T Y U G O P A D M H D A I K V Y P G V C
E T E G H C P M I N Q P V F R I E N D L Y U V C
E E W F E O S M G X B B J E W Q Y I R X C Z E N
L E D C R L O N E L Y V G V Q F A U P C I S I V
I M L D S G J W R J T G P N Q U I E T O K S I T
N M O X B H D T A H D I S R E S P E C T F U L P
G N P D Q Y A B S E N S I T I V E C Q H H O U T
S L Z X U S C A R E D J W F H S T V O Y X A O M
A J F V C Z A R R O G A N T Y J P A B A V M Y D

EXPRESS FEELINGS
RESPECT OTHERS
BLAME OTHERS
BEHAVIORS
FRIENDLY
SCARED
QUIET

LOW SELF ESTEEM
RELATIONSHIPS
MANIPULATIVE
SENSITIVE
HOSTILE
LONELY
SHY

RESPECT RIGHTS
COMMUNICATION
EYE CONTACT
ASSERTIVE
SELFISH
POLITE

CONTROL GROUPS
DISRESPECTFUL
AGGRESSIVE
ARROGANT
PASSIVE
HONEST