

Name: _____

Date: _____

ANATOMY

H R Q G S V C W G R W D G V R W I
S X M M G M C J V E S E L A P D A
P Y B Y N I L M L C U L U S F K V
E S T X I K Y J L T G T T T F E A
C R C J R I U G I U N O E U K E S
I T Q W T Z V O A S O I U S C N T
R G Z B S W H J C F L D S L S P U
D G Q F M O O G U E R N M A M S S
A X H F A T R B S M O Z E T J O M
U R D V H A U Z D O T F D E D A E
Q Q O Y C O X Z L R C V I R B S D
O Z M I C I Z U L I U I U A E M I
S J L V E X A A I S D Q S L U A A
E I M U I S Z G X V D H L I U J L
S B Z I S E C B Z A A R T S B O I
G L U T E U S M A X I M U S Q R S
L A T I S S I M U S D O R S I G T

VASTUS LATERALIS

LATISSIMUS DORSI

VASTUS MEDIALIS

GLUTEUS MAXIMUS

ADDUCTOR LONGUS

RECTUS FEMORIS

GLUTEUS MEDIUS

PSOAS MAJOR

HAMSTRINGS

QUADRICEPS

GRACILIS

ILIACUS

DELTOID