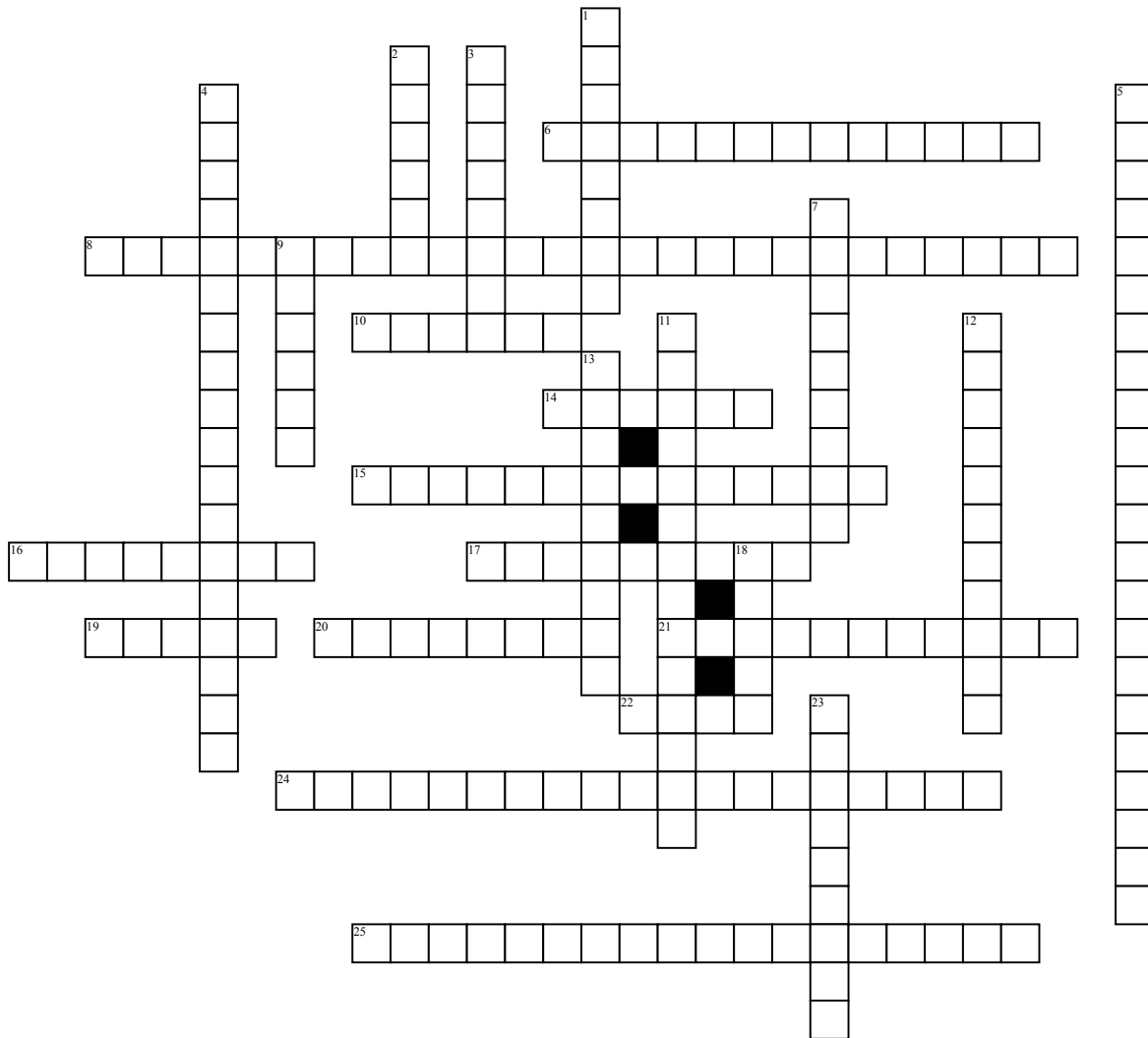


7 Health Skills



Across

- 6. Working with others to achieve a goal is
- 8. Humans use verbal and nonverbal cues through
- 10. Refusal
- 14. Combination of physical mental emotional and social well being
- 15. This life skill will have a big impact on your character
- 16. This takes a clear stand for a healthy choice
- 17. Advocacy shows

- 19. Self management has a strong work
- 20. doing this will help you achieve your goal
- 21. Master the skill of
- 22. Doing this will limit the number of options in your decision making process
- 24. This skill examines complexity
- 25. Where might you look up the information is part of

Down

- 1. Being persuasive is
- 2. Responding to the emotions of

- 3. Part of analyzing influences is recognizing internal vs
- 4. Remain calm is part of
- 5. Remain calm is part of
- 7. Effective
- 9. Interpersonal communication is an exchange between two or me
- 11. This is the ability to demonstrate habits and strategies
- 12. A combination of stating your ideas is
- 13. This health skill is accessing
- 18. This acronym is a part of goal setting
- 23. Asking effective