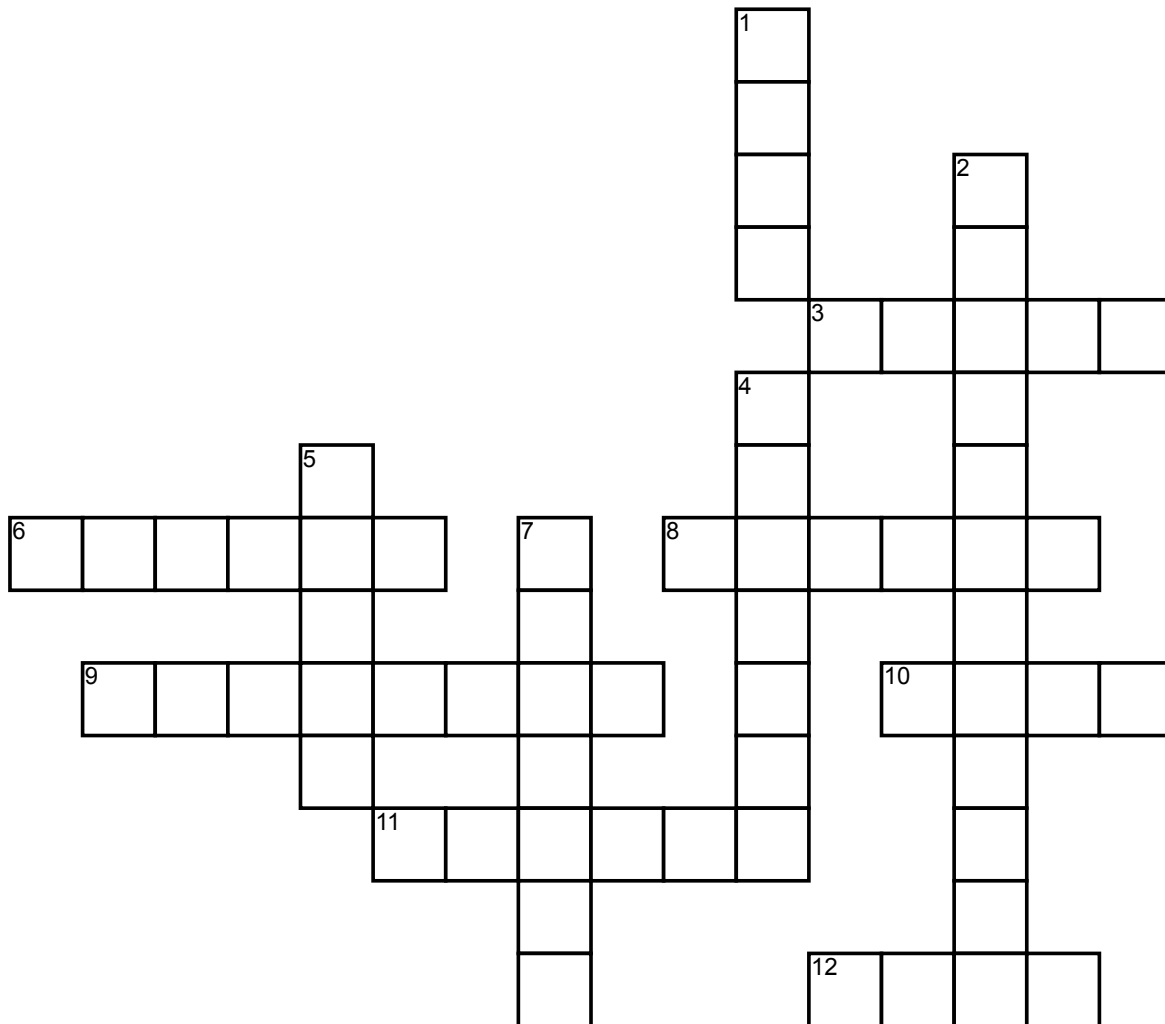


6U3L1 ACT VOCAB Healthy Habits



Across

- 3.** This is a round vegetable that grows in the ground and it can be red, white or yellow. People often chop it and cook it, and then add it to savoury food.
- 6.** This is meat from a bird. The bird is bigger than a chicken. People often eat this meat at Christmas.
- 8.** This is a small white vegetable that grows underground. It's usually cut into small pieces, cooked, and then added to savoury food. It's got a strong smell.

9. This is a hard brown spice. It's ground into a powder and then added to savoury food or sweet food.

10. This is red meat that you get from cows. People sometimes make burgers using this meat.

11. These are creatures that live in the sea. They're small and pink once they've been cooked.

12. This is a yellow vegetable that grows in large fields. People cook the vegetable to eat it, or they make flour from it.

Down

- 1.** This is a fruit and it's small and green. Its juice is used in cooking. It isn't usually eaten on its own.
- 2.** This vegetable can be red, yellow, orange or green. It's long and thin and it's usually hot and spicy.
- 4.** These are nuts that grow underground. People often roast them and eat them with salt.
- 5.** These are seeds of plants that are cooked and eaten. There are many different kinds and they're often white, red, brown or black.
- 7.** This is a green vegetable that is the same shape as a pear. There's a big stone in the middle of it.