

Name: _____

Date: _____

5 a day

G K F V I T A M I N S G B N M E T
M Q O E Y H G C Q W T H H I X E J
Q F W H M E R S R N Q A B E A R R
P K V E H A E X X U M Z R N Q X D
E F C M C L E Z N S H C A A T W Q
U H B O A T N S E Z I N B M W F K
O W M I Z H S L A S A H W R Y F U
B R A D Z Y B T E B F V N Z O G Z
F A A S X A U F L B N M A Q K T H
R Y X N T D W Q X U E T B W R E V
U H V E G C I O K M U S C L E S J
I L G R Q E N E L X K C E O D B Y
T E M E J R V M X L R H L M E A F
V Z C A X I F I T N E S S K F F N
M A J Z F Y N V X W C Y T P O J N
G J S J W O Y Q U P S S Q H S R C
E L P P A U F V I V Q T R A E H F

vegetables exercise

vitamins

fitness

muscles

healthy

greens

yellow

banana

orange

heart

fruit

apple

five

day