

Name: \_\_\_\_\_ Date: \_\_\_\_\_

# 20 steps to a venipuncture

1. Review the rest request A. 16
2. Approach ,Identify,and Prepare Patient B. 13
3. verify Diet Restrictions and latex sensitivity C. 3
4. Wash Hands and put on clean gloves D. 2
5. position patient apply tourniquet and ask patient to make a fist E. 11
6. select vein ,release tourniquet and ask patient to open fist F. 8
7. clean air dry site G. 18
8. prepare equipment H. 5
9. reapply tourniquet ,Uncap and Inspect needle I. 9
10. Ask patient to remake a fist ,anchor vein, and insert needle J. 20
11. Establish blood flow, release tourniquet, and ask patient to open fist K. 10
12. Fill, remove, and mix tubes in order of draw or fill syringe L. 4
13. Place gauze, remove needle,activate safety feature, and apply pressure M. 17
14. discard collection unit , syringe needler transfer device N. 19
15. Label tubes O. 7
16. observe special handling instructions P. 12
17. check patients arm and apply bandage Q. 15
18. dispose of contaminated materials R. 14
19. thank patient, remove gloves, and sanitize hands S. 6
20. transport specimen to the lab T. 1