

13 Full Moons in a Year!

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| 1. What is the first Moon of Creation? This is a time when we ask Grandmother Moon to be gentle with us throughout the winter. | A. Budding Moon |
| 2. People that were blessed with bird names will feast & honor the return of the eagle. The eagle is the one who flies closest to Creator | B. Fall Moon |
| 3. The return of the geese reveals to us that spring is on its way. The coming of this Moon represents the beginning of a new year! | C. Frog Moon |
| 4. This Grandmother Moon brings warmth to Mother Earth & awakens all living creatures & plants. The frogs sing the welcoming songs of spring! | D. Berry Moon |
| 5. Buds are opening on trees. Many flowers, shrubs & trees are beginning to bloom & summer is just around the corner! | E. Frozen Moon |
| 6. The trees have leaves again & flowers are in bloom. Summer & new plant life will cover Mother Earth. | F. Spirit Moon |
| 7. Gathering has begun. All berries are ripe & ready for picking. Preserving is important in this Moon for the long winter ahead. | G. Blossom Moon |
| 8. The harvesting of food & medicines would begin in late summer. Working together promoted social interaction & provided a sense of community. | H. Elder Moon |
| 9. Mother Earth's hair turns the color of the withering plant life. Creation prepares to endure the coming season of winter & the long sleep that it brings. | I. Harvest Moon |
| 10. The weather begins to cool down and the winged ones begin to fly south for the winter months. | J. Migrating Moon |
| 11. All Mother Earth's creatures & plant life are resting for the winter moons ahead as frost makes an appearance on the land. | K. Frost Moon |
| 12. The ice on lakes & rivers is solid. This Grandmother Moon brings the winter solstice - the beginning of winter. | L. Eagle Moon |
| 13. We give thanks to the Creator for all the gifts we have received throughout the year. We ask that our families be safe & well. | M. Goose Moon |